

Presented by



Have you ever felt *alone, scared, angry or shame* because someone else violated your boundaries?

Hope Endures is a 7-week group for self-identified females who are survivors of sexual abuse, assault, or harassment.

Joining together with others, knowing that you are not alone, we want you to know there is hope and that things can get better after your experience. Come and be part of a group of young people who are feeling like you and want to learn how to heal and move forward. We will have snacks and dinner each week and every participant will leave the group with a care package that they can use as their healing journey continues.

FOR: Self-identified females ages 15 to 18

DATES: Every Thursday from April 17th – May 29th

TIME: 4 – 6 pm

LOCATION: 2038 Rosser Ave, Burnaby BC

Dinner & Snacks provided!

For more information or to inquire about registration please contact:

Counsellor Alessandra 604 436-9449 ext.223 <u>alessandra.antunes@cameray.ca</u>

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