












# EARLY YEARS PARENTING SUPPORT PROGRAM

## MONTHLY GROUP CALENDAR

### NOVEMBER 2024

Mon	Tue	Wed	Thu	Fri
				<b>1</b> 9:30am – 11:30am <b>Drop-In at Eighth &amp; Eight</b> <i>Family Place New West Studio 1A, 735 8<sup>th</sup> Ave New Westminster</i>
4	5	6	7	8
		10:00am – 12:00pm <b>Sharing Circle: The Seven Sacred Teachings</b> <i>*In partnership with Spirit of the Children Society</i> <b>Session 6 of 7</b> <i>Cameray 2038 Rosser Ave, Burnaby</i> <b>THIS GROUP IS FULL</b>	9:30am – 11:30am <b>University Highlands Elementary Family Drop-In</b> <i>University Highlands Elementary (2<sup>nd</sup> Floor, Preschool Room) 9388 Tower Road, Burnaby</i>	9:30am – 11:30am <b>Drop-In at Quayside Drive</b> <i>New West Family Place 112-960 Quayside Drive New Westminster</i>  10:00am – 11:30am <b>Brunch &amp; Learn: Winter Cardmaking Workshop with Nancy</b> <i>Cameray 2038 Rosser Ave, Burnaby</i> <b>PRE-REGISTRATION REQUIRED</b>
11	12	13	14	15
<b>STATUTORY HOLIDAY</b>	  	10:00am – 12:00pm <b>Sharing Circle: The Seven Sacred Teachings</b> <i>*In partnership with Spirit of the Children Society</i> <b>Session 7 of 7</b> <i>Cameray 2038 Rosser Ave, Burnaby</i> <b>THIS GROUP IS FULL</b>	9:30am – 11:30am <b>Rosser Infant/Toddler Drop-In ★</b> <i>Cameray 2038 Rosser Ave, Burnaby</i>  12:30pm – 2:30pm <b>Rosser Infant/Toddler Drop-In ★</b> <i>Cameray 2038 Rosser Ave, Burnaby</i>	9:30am – 11:30am <b>Drop-In at Eighth &amp; Eight</b> <i>Family Place New West Studio 1A, 735 8<sup>th</sup> Ave New Westminster</i>  10:00am – 12:00pm <b>Fostering Language Development through Narrative Storytelling</b> <i>*In partnership with SFU Language and Learning Development Lab</i> <i>Cameray 2038 Rosser Ave Burnaby</i> <b>PRE-REGISTRATION REQUIRED</b>
18	19	20	21	22
10:00am – 11:30am <b>Sing-Along Together</b> <b>Session 1 of 5</b> <i>Cameray 2038 Rosser Ave, Burnaby</i> <b>THIS GROUP WILL BE FILLED THROUGH OUR WAITLIST</b>	10:00am – 12:00pm <b>Understanding Kids through Play</b> <i>Cameray 2038 Rosser Ave, Burnaby</i> <b>PRE-REGISTRATION REQUIRED</b>		9:30am – 11:30am <b>University Highlands Elementary Family Drop-In</b> <i>University Highlands Elementary (2<sup>nd</sup> Floor, Preschool Room) 9388 Tower Road, Burnaby</i>	9:30am – 11:30am <b>Drop-In at Quayside Drive</b> <i>New West Family Place 112-960 Quayside Drive New Westminster</i>
25	26	27	28	29
10:00am – 11:30am <b>Sing-Along Together</b> <b>Session 2 of 5</b> <i>Cameray 2038 Rosser Ave, Burnaby</i> <b>THIS GROUP WILL BE FILLED THROUGH OUR WAITLIST</b>			9:30am – 11:30am <b>Rosser Infant/Toddler Drop-In ★</b> <i>Cameray 2038 Rosser Ave, Burnaby</i>  12:30pm – 2:30pm <b>Rosser Infant/Toddler Drop-In ★</b> <i>Cameray 2038 Rosser Ave, Burnaby</i>	9:30am – 11:30am <b>Drop-In at Eighth &amp; Eight</b> <i>Family Place New West Studio 1A, 735 8<sup>th</sup> Ave New Westminster</i>

Groups are for Burnaby and New Westminster families with one or more children.

Email us at [pspgroupsignup@cameray.ca](mailto:pspgroupsignup@cameray.ca) to sign up for groups

Please try not to register on the day of the group, as groups fill up quickly; thank you!



## Early Years Parenting Support Programs: Group Descriptions for NOVEMBER 2024

### ★ **Interactive Groups (for families with children under the age of 5 years)** ★

#### **Drop-in Groups:**

- **Rosser Infant/Toddler Drop-In:** These drop-in groups (9:30 am to 11:30 am and 12:30 pm to 2:30 pm) are for parents and caregivers with children aged 0 to 36 months. During this two-hour program, parents can enjoy play time with their child, meet other families, and discuss any concerns regarding child development and growth, in a safe and relaxed environment. Light snacks are provided. This drop-in group is at 2038 Rosser Avenue, Burnaby.  
★ *No registration required and families may come and go as they please during the group time.*
- **Drop-In at New West Family Place:** In collaboration with *New West Family Place* at Eighth and Eight (735 8<sup>th</sup> Ave, New Westminster) and Quayside (112-960 Quayside Drive, New Westminster), this family-friendly drop-in on Friday mornings includes free play and early learning programming, as well as literacy, story time and art-based activities for the little ones. Families are welcome to drop in between 9:30 am and 11:30 am.  
★ *No registration is required, but space is limited.*
- **University Highlands Family Drop-In:** Visit our parent child drop-in program in partnership with University Highlands Elementary and the City of Burnaby. This program is held on the 2<sup>nd</sup> floor of University Highlands Elementary school (9388 Tower Street, Burnaby), in the preschool room. If you have children aged 0-5, our drop-in is a fun-filled and imaginative way to foster your child's early learning and development. During this 2-hour drop-in (9:30 am to 11:30 am), parents, caregivers, and children can engage in playtime, enjoy a light snack, and participate in circle time.  
★ *No registration is required, but space is limited.*

#### **Parent Educational Groups (additional time for questions and discussion is included at the end of each group):**

- **Sharing Circle: The Seven Sacred Teachings: Wednesdays, November 6, 13 (final two sessions), 10:00 am to 12:00 pm at Cameray, 2038 Rosser Ave, Burnaby.**  
We are pleased to offer a fall session of this interactive parent-child group in partnership with ***Spirit of the Children Society*** (<https://sotcs.ca/>). The ***Seven Sacred Teachings*** originate from the Seven Grandfather Teachings from the Anishinaabe people and have been adopted by many (but not all) First Nations, Métis, and Inuit Peoples. The seven teachings include love, respect, honesty, courage/bravery, truth, wisdom, and humility, and each teaching is represented by an animal. During this seven-week program, we will learn what each animal helps teach us about how we can live our lives respecting all living things. Families can expect play and art activities, followed by snack and circle time. **THIS GROUP IS FULL.**
- **Brunch & Learn – Winter Cardmaking Workshop with Nancy: Friday, November 8, 10:00 am to 11:30 am at Cameray, 2038 Rosser Ave, Burnaby.**  
Cardmaking is a creative and rewarding hobby that has been known to be an effective stress reliever. The act of giving handmade cards to friends and family can create a sense of joy and satisfaction. Aside from being economical and more meaningful, homemade cards are a fun activity for parents to do with their children. They provide opportunities to develop language, be creative and practice literacy skills such as writing and reading. Upon arrival, parents will have time to get their children settled and enjoy a light brunch. The cardmaking instruction will begin at 10:30am. Childcare is available. **PRE-REGISTRATION REQUIRED. SPACE LIMITED.**
- **Fostering Language Development through Narrative Storytelling: Friday, November 15, 10:00 am to 12:00 pm at Cameray, 2038 Rosser Ave. \*In partnership with SFU Language and Learning Development Lab**  
Since the beginning of human existence, storytelling is how cultures have passed on knowledge, values, and wisdom from one generation to another. In early childhood, storytelling is more than entertainment; it has a profound impact on development...cognitive, social, emotional, and linguistic. During this workshop parents will learn ways to foster language development, after the age of 2 years, and what to expect in terms of conversational norms in young children. Between 10:00am and 10:30am, parents and children will have time to get settled. Workshop content will be delivered from 10:30am-11:30am. The last 30 minutes will be reserved for Q&A and mingling. Childcare is available. **PRE-REGISTRATION REQUIRED. SPACE LIMITED**

- **Sing-Along Together: Mondays, 10:00 am to 11:30 am, Cameray, 2038 Rosser Ave, Burnaby.**  
**Five sessions: November 18, 25 (and December 2, 9 and 16).**

Join us for this five-session group series, inspired by the Parent-Child Mother Goose Program®. During this interactive group experience for parents and their babies and/or young children, you'll experience the pleasure and power of using rhymes, songs, and stories together. The principles of this group promote positive early literacy and language development skills, as well as foster healthy and positive connections. Bus tickets and light snacks are provided.

**PRE-REGISTRATION: PLEASE NOTE: we have a wait list for this program; families on the wait list will be asked (first come/first serve) if they can attend. You are welcome to ask to be added to the wait list. Thank you for your patience.**

- **Understanding Kids through Play: Tuesday, November 19, 10:00 am to 12:00 pm, at Cameray, 2038 Rosser Ave, Burnaby.**

Discover the power of play as a tool for understanding your kids. We will learn the words underneath the toys and the emotions through the way they play. You'll pick up useful tips to connect with your children in a fun and meaningful way. Snacks and childminding are provided. Bus tickets are available.

**PRE-REGISTRATION REQUIRED. SPACE LIMITED.**

#### **Online Groups:**

Please note that no internet-based group is 100% confidential. However, in an effort to keep information private, we will require a meeting password for all online groups in order to enter each group and we will not allow any recording of groups. We also ask that any information learned about other participants in group is kept between participants only.