














AUGUST 2024

Mon	Tue	Wed	Thu	Fri
			1	2
			9:30am – 11:30am Summer Drop-in at Richard Bolton Park Drop-In <i>Richard Bolton Park (behind the schoolyard) 9388 Tower Road, Burnaby</i> ★Visit from CCRR staff	10:00am – 12:00pm Tips for Air Travel with Children <i>Cameray 2038 Rosser Ave Burnaby</i> PRE-REGISTRATION REQUIRED
5	6	7	8	9
STATUTORY HOLIDAY	 	9:30am – 11:30am Drop-In at Eighth & Eight <i>Family Place New West, Studio 1A, 735 8th Ave, New Westminster</i> 10am – 11:30am Connect and Play at Maywood Park <i>(in partnership with YMCA Child Care Resource and Referral) Maywood Park 6480 McKay Avenue, Burnaby</i>	9:30am – 11:30am Rosser Infant/Toddler Drop-In ★ <i>Cameray 2038 Rosser Ave, Burnaby</i> 12:30pm – 2:30pm Rosser Infant/Toddler Drop-In ★ <i>Cameray 2038 Rosser Ave, Burnaby</i>	 
12	13	14	15	16
10:00am – 11:30am Circle of Security Parenting Program Session 5 of 7 <i>Cameray 2038 Rosser Ave, Burnaby</i> THIS GROUP IS FULL		9:30am – 11:30am Drop-In at Eighth & Eight <i>Family Place New West Studio 1A, 735 8th Ave, New Westminster</i> 10am – 11:30am Connect and Play at Maywood Park <i>(in partnership with YMCA Child Care Resource and Referral) Maywood Park 6480 McKay Avenue, Burnaby</i>	9:30am – 11:30am Summer Drop-in at Richard Bolton Park Drop-In <i>Richard Bolton Park (behind the schoolyard) 9388 Tower Road, Burnaby</i> 4:00pm – 7:00pm Brentwood Summer Social (Community Block Party) <i>2055 Rosser Ave, Burnaby</i>	10:00am – 12:00pm Perspective Taking: The Essential Skill Children Need <i>Cameray 2038 Rosser Ave Burnaby</i> PRE-REGISTRATION REQUIRED
19	20	21	22	23
10:00am – 11:30am Circle of Security Parenting Program Session 6 of 7 <i>Cameray 2038 Rosser Ave, Burnaby</i> THIS GROUP IS FULL		10am – 11:30am Connect and Play at Maywood Park <i>(in partnership with YMCA Child Care Resource and Referral) Maywood Park 6480 McKay Avenue, Burnaby</i>	9:30am – 11:30am Rosser Infant/Toddler Drop-In ★ <i>Cameray 2038 Rosser Ave, Burnaby</i> 12:30pm – 2:30pm Rosser Infant/Toddler Drop-In ★ <i>Cameray 2038 Rosser Ave, Burnaby</i>	 
26	27	28	29	30
10:00am – 11:30am Circle of Security Parenting Program Session 7 of 7 <i>Cameray 2038 Rosser Ave, Burnaby</i> THIS GROUP IS FULL	10:00am – 12:00pm Unlock the Magic of Read-Alouds <i>Cameray 2038 Rosser Ave Burnaby</i> PRE-REGISTRATION REQUIRED	9:30am – 11:30am Drop-In at Eighth & Eight <i>Family Place New West, Studio 1A, 735 8th Ave, New Westminster</i> 10:00am – 11:30am Language Development (in partnership with SFU) <i>Cameray, 2038 Rosser Ave, Burnaby</i> PRE-REGISTRATION REQUIRED 10am – 11:30am Connect and Play at Maywood Park <i>(in partnership with YMCA Child Care Resource and Referral) Maywood Park 6480 McKay Avenue, Burnaby</i>		

Groups are for Burnaby and New Westminster families with one or more children.
Email us at pspgroupsignup@cameray.ca to sign up for groups

Early Years Parenting Support Programs: Group Descriptions for AUGUST 2024

★ **Interactive Groups (for families with children under the age of 5 years)** ★

Drop-in Groups:

- Rosser Infant/Toddler Drop-In:** These drop-in groups (9:30 am to 11:30 am and 12:30 pm to 2:30 pm) are for parents and caregivers with children aged 0 to 36 months. During this two-hour program, parents can enjoy play time with their child, meet other families, and discuss any concerns regarding child development and growth, in a safe and relaxed environment. Light snacks are provided. This drop-in group is at 2038 Rosser Avenue, Burnaby.
★ *No registration required and families may come and go as they please during the group time.*
- Drop-In at Eighth and Eight Studio 1A:** In collaboration with *Family Place New West* at Eighth and Eight at **735 8th Ave, New Westminster**, this family-friendly drop-in includes free play and early learning programming, as well as literacy, story time and art-based activities for the little ones. Families are welcome to drop in between 9:30 am and 11:30 am. ★ *No registration is required, but space is limited. Please note: no group on August 21.*
- Summer Drop-in at Richard Bolton Park:** Join us for our parent child drop-in program in partnership with University Highlands Elementary and the City of Burnaby. Throughout the summer, our program will move from the preschool room at University Highlands Elementary, to **Richard Bolton Park (9388 Tower Road, Burnaby), behind the school yard**. If you have children aged 0-5, our drop-in is a fun-filled and imaginative way to foster your child's early learning and development. During this 2-hour drop-in (9:30 am to 11:30 am), parents, caregivers, and children can engage in playtime, enjoy a light snack and participate in circle time. *Older siblings are welcome to join our outdoor program this summer. You'll find us near the playground. ★ *No registration is required.*
★ **Please note: staff from CCRR (Child Care Resource & Referral Program) will visit on August 1.**
- Connect and Play at Maywood Park: Until August 28,** join us in the park on Wednesdays between **10 am and 11:30 am** to connect and play with other families. This group is for parents and caregivers with children age 0 to 5 years old and we'll provide a variety of family-friendly activities. Light snacks will be provided; please bring your own water/beverages. See you at **Maywood Park, 6480 McKay Avenue, Burnaby**. ★ *No registration is required.*
- Brentwood Summer Social: Thursday, August 15, 4:00 pm to 7:00 pm.** Join us for this fun-filled street party on **Rosser Avenue, between 2055 Rosser Ave (BNH Community Resources Centre) and 2038 Rosser Ave (Cameray Child & Family Services)**. There will be lots of family-friendly activities, crafts, face-painting, bouncy castle, etc. Come and connect with staff and learn more about the agencies and businesses in this block of Rosser Ave. See you there! ★ *No registration is required.*

Parent Educational Groups (additional time for questions and discussion is included at the end of each group):

- Circle of Security Parenting Program: Mondays, 10:00 am to 11:30 am, Cameray, 2038 Rosser Ave, Burnaby. Final three (3) sessions: August 12, 19, and 26 (no session on August 5).**
This 7-week program is based on decades of research about how secure parent-child relationships can be supported and strengthened. You will be able to make sense of what your child needs and get the tools that will help you to support and respond to your child, creating a long-lasting healthy relationship and the sense of security that your child needs to thrive in life. Snacks and childminding are provided. Bus tickets are available.
THIS GROUP IS FULL.
- Tips for Air Travel with Children: Friday, August 2, 10:00 am to 12:00 pm at Cameray, 2038 Rosser Ave, Burnaby.** With long security lines, cramped airplane seating, and busy waiting areas, flying isn't the most pleasant experience. The frustration only increases when you add young children into the mix. Many little ones simply don't have the patience for airport security or sitting quietly for hours on end. They might be uneasy during turbulence or get upset with the ear-popping changes in air pressure. Today, flight attendant and Cameray parent, Jenn Chen, will join us to share information and strategies to help you plan for a successful flight. Between 10:00am and 10:30am, parents and children will have time to get settled. Workshop content will be delivered from 10:30am-11:30am. The last 30 minutes will be reserved for Q&A and mingling. Childcare is available.
PRE-REGISTRATION REQUIRED. SPACE LIMITED.
- Perspective Taking: The Essential Skill Children Need: Friday, August 16, 10:00 am to 12:00 pm at Cameray, 2038 Rosser Ave.** The ability to understand a situation from another person's point of view is called "perspective taking." Perspective taking allows us to feel what it would be like to be in the other person's shoes during a situation. Often, children need help developing this important skill. During this group, we will break down what types of perspective taking skills are typical at different ages and you will learn perspective taking activities for each age. Between 10:00am and 10:30am, parents and children will have time to get settled. Workshop content will be delivered from 10:30am and 11:30am. The last 30 minutes will be reserved for Q&A and mingling. Childcare is available.
PRE-REGISTRATION REQUIRED. SPACE LIMITED.

- **Unlock the Magic of Read Alouds: Tuesday, August 27, 10:00 am to 12:00 pm at Cameray, 2038 Rosser Ave.**
This workshop aims to empower parents with the essential skills necessary to create enchanting read-aloud moments with their little ones aged 0 to 5 years old. We will explore the lifelong benefits of reading aloud to your child, interactive techniques to captivate your child's imagination, and tips to establish positive reading routines at home. Each family will receive a complimentary book. Snacks are available. Childminding and bus tickets are available upon request.
PRE-REGISTRATION REQUIRED. SPACE LIMITED.
- **Language Development: Tuesday, August 28, 10:00 am to 11:30 am at Cameray, 2038 Rosser Ave.**
This workshop is in partnership with Simon Fraser University (SFU). Meet a guest speaker from SFU's Language Learning and Development Laboratory and we will chat and discuss language learning in infants and children. Bring your curiosity and questions; it will be chance for you to learn and share your experiences of your child's language development. Snacks are available. Childminding and bus tickets are available upon request.
PRE-REGISTRATION REQUIRED. SPACE LIMITED.

Online Groups:

Please note that no internet-based group is 100% confidential. However, in an effort to keep information private, we will require a meeting password for all online groups in order to enter each group and we will not allow any recording of groups. We also ask that any information learned about other participants in group is kept between participants only.