



WORKING WITH TRANSGENDER CHILDREN & YOUTH: BUILDING YOUR TOOLBOX

Friday, September 11, 2020 - 9am – 4pm

Featuring **Dr. Wallace Wong, Summer Boyne & Lukas Walther**



This fast-paced one-day workshop features experts in the field of supporting transgender children and youth. It is appropriate for child and family therapists, psychologists, school counsellors, mental health clinicians, social workers, members of school-based teams, youth and family workers and community service providers. It is designed to provide specific tools to professionals who work with children and youth.



MORNING:

Working with Children and Youth with Gender Dysphoria

Dr. Wallace Wong, Registered Psychologist

AFTERNOON:

Gender Health Assessment Approaches and Authenticating Outcomes

Summer Boyne, RSW, MSW

Supporting and Caring for Trans, Gender-Exploring and Gender Dysphoric Youth

Lukas Walther, Gender Diversity Specialist

REGULAR RATE:

\$185

(Register by Sept. 2, 2020))

STUDENT RATE:

\$150

(10 seats available)

LOCATION:

Italian Cultural Centre
3075 Slocan Street,
Vancouver, BC

**LUNCH INCLUDED
FREE PARKING**

FOR MORE INFO:

Contact Roxane Veltkamp,
Executive Administrator
604-436-9449 ext. 276
admin@cameray.ca

This workshop is a fundraiser
for Cameray Child and Family
Services

WORKSHOP DESCRIPTIONS

Working with Children and Youth with Gender Dysphoria (Dr. Wallace Wong)

This presentation will cover current research and clinical aspects of working with children and youth with gender dysphoria. Clinical topics include current treatment guidelines, making different clinical diagnoses for this population if necessary, the Three Tiers Model, and how this model assists clinicians in providing the best care for transgender youth and their families. The Triadic Therapy Model, such as psychotherapy, hormones and surgeries, will also be discussed. The presentation will also cover ways to develop a social transition plan for children who want to live their affirmed gender openly. The topic of diversity in this population and the spectrum of their identities will also be addressed.

Gender Health Assessment Approaches and Authenticating Outcomes (Summer Boyne)

The workshop will present an overview of the South Fraser Child and Youth Mental Health (CYMH) Gender Health program. Hormone Replacement Therapy (HRT) recommendations are typically made by two different clinical approaches, a 'comprehensive gender health assessment' or via 'informed consent.' The approaches will be reviewed and compared, in addition to exploring the risks and benefits. Detransitioning, desisting, cessation or reversal of a gender identification or gender transition will be discussed and considered.

Supporting and Caring for Trans, Gender-Exploring and Gender Dysphoric Youth (Lukas Walther)

Throughout BC, dedicated healthcare and service providers are supporting their trans and gender-exploring youth as best they can, having had little if any relevant, applicable orientation themselves. The purpose of this presentation is to increase understanding as individuals, and confidence as care providers. A general outline of topics are as follows: general information (history of care in BC; terminology, identity and expression spectrum; social politics); transition motivators (social, biological; degrees of gender distress); psycho-social factors (family, friends, cultural, faith-based; safety; dating); reducing barriers (care access; inclusion indicators; documentation; bathrooms; pronouns; age-appropriate care and supports; common concerns and biases, of loved ones and care providers). Questions will be invited throughout, as a way to ensure aligning with attendee interest.

SPEAKER BIOGRAPHIES

Wallace Wong is registered psychologist in both California and British Columbia. He has been working with the GLBT population since 1996. While he continued to work with the GLBT population, he has also worked with children and youth who present with different sexual behavioural issues/ juvenile sex offenders for more than 16 years. He is currently working for the Ministry of Children and Family Development at the Adolescent and Children Sexual Health Program (ACSH), and the Gender Health Program. Dr. Wong also maintains his private practice working mainly with gender variant children and youth and their families. He has made numerous training and workshop both locally and internationally related to this population. Dr. Wong has done research for the transgender population for numbers of years, and they can be found in different professional journals. He has written a chapter of a book named *Trans Activism: A Canadian Reader and Practical Guide*. He was also one of the reviewers/editors of Caring for Transgender Adolescents in BC: Suggested Guidelines and Moving Beyond Trans-Sensitivity: Developing Clinical Competence in Transgender Care - Project Summary and Analysis. Dr. Wong is also an author and published 2 transgender children book called, When Kathy is Keith, and It's Gay and It's Okay. These books have been positively received by the transgender communities.

Summer Boyne is registered social worker in British Columbia. Worked with LGBT2Qs directly through programs and services, such as the Transgender Health Program (now called TransCare BC) and Vancouver Gay Community Centre (now called Qmunity), Also worked with LGBT2Qs indirectly through programs and services, such as Family Services of Vancouver and Inner City Youth Program (now called Foundry). Currently working for the Ministry of Children and Family Development (MCFD) and within Child and Youth Mental Health (CYMH) and the South Fraser Gender Health Program.

Lukas Walther's career in front-line mental health spans 40+ years (20 in Gender Diversity) as a certified counselor, group facilitator, mentor and educator. He plays a unique role alongside local clinical Gender Diversity specialists, supporting and informing BC's transgender youth and adults, their families, care providers, employers and K-12 schools. He helped create and develop BC's Transgender Health Program, and currently runs several info-sharing discussion groups for trans and questioning youth, and for their parents and guardians, in partnership with MCFD, PLEA Community Services, SD 43 and Purpose Society. He is a repeat invited speaker at numerous post-grad institutes, well-known for splicing technical, clinical aspects of this field with his professional and personal lived experience to create context and clarity, and for utilizing common threads of human nature and wit to ignite empathy and understanding on these particularly complex matters.