



Cameray Child & Family Services

Cameray Child and Family Services is hosting 6 **free** workshops in New Westminister that are open to all families with children 0-5 years old!

Let's All Learn About Feelings!

Join us for this fun and informative 6-week interactive group where we will learn about feelings and how to manage them. Each week will include different books, crafts, and activities that feature a different set of feelings. There will also be time at the end of each group for parents to ask questions and chat.

WHERE: Centennial Community Centre, Room 2 (65 E Sixth Ave, New Westminister)

WHEN: Tuesdays January 17th – February 21st 10am-12pm

HOW TO REGISTER: **Registration is required - priority registration to New West families.**
To register please email pspgroupsignup@hotmail.com or call 604-436-9449

- Families must have at least one child under the age of 5 to qualify for registration
- FREE Childcare is provided on site – must register for child care
- FREE snacks and bus tickets are also provided at each group



Check out our website for more groups in Burnaby and New Westminister: <http://cameray.ca/events/>

Stronger Children, Stronger Families, Stronger Communities

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