



**Cameray**  
Child & Family Services

# Cameray in the Community

Issue No. 25, August, 2016

Administration & Program Offices: 201/203 - 5623 Imperial St.  
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## United for Refugees Lunch



Cameray Child and Family Services was in attendance at the United for Refugees Lunch on April 16<sup>th</sup> at Edmonds Community School. The main purpose of this lunch was to provide new refugees with a way to connect with those around them as well as connect with the many community resources available to them. United Way recently hosted several community lunches throughout the lower mainland, which were all very successful, with more than 40 community organizations and over 500 refugees in attendance. Cameray was happy to be able to participate in this event. *(Photo courtesy of United Way of the Lower Mainland from their United for Refugees Welcome Lunches held in April, 2016.)*

## Hats Off Day

Cameray Child and Family Services had the opportunity to participate in Hats Off Day on June 4, for our second year. Thank you to our generous hosts, TD Bank on Hastings and Madison. We had a great day promoting the agency's programs and chatting with people. We also sold popcorn and cold water - which was very popular on such a hot sunny day! Thank you to our volunteer popcorn sales team - Donovan, Ethan, Angelo and Ian. They did a great job! Looking forward to going back next year!



## Community Kitchens



The community kitchen program is open to residents of Burnaby and New Westminster who are interested in learning new skills in the kitchen. You will have the opportunity to meet people in the community, try new recipes and learn to cook low cost, nutritious meals. You will also be able to take home your portion of the meal for your family to try! Guest speakers are invited occasionally and this program offers free childminding. Space is limited to 10 participants for each Kitchen. For more information please call Pat at: 604-764-1358.



## Assisting the Community with Transitioning Students

The ACTS program is a school-based program that works with grade 5-7 students to help prepare them for the transition to high school. The program is mentorship based and involves high school mentors and volunteers who work with the elementary students to model effective study and social skills. The program offers dinner/homework clubs, one to one support, small group activities and in classroom support. In addition, summer



activities are also provided to places like swimming pools, beaches, Playland and camps. For more information about ACTS please call J.J at 604-374-8454.



Cameray is now on Social Media!



Facebook and Twitter accounts have been created! Cameray's Board of Director's also recently developed Cameray's first ever social media policy. Check us out and follow us on-line!

## Working with Families in Separation and Divorce

Cameray is hosting its 3rd annual fundraising workshop, “Working with Families in Separation and Divorce”, on Friday, November 25th, 2016 from 9am—4pm at the Italian Cultural Centre. This fast-paced one-day workshop features leaders in the field of separation and divorce and its impact on children and youth. It is appropriate for child and family therapists, psychologist, school counselors, mental health clinicians, social workers, member of school-based teams, youth and family workers and community service providers.



The day will include two different presentations:

**Navigating the Legal System: The Use of Counselling and Therapeutic Services for Separating/Divorcing Families** - facilitated by Dr. Lisa Ferrari, Registered Psychologist, Stephanie Fabbro, Lawyer, Mediator, Arbitrator and Parenting Coordinator, and Meghan Selinger, Lawyer.

**Issues, Resources and Therapeutic Strategies for Supporting Families Transitioning Through Separation/Divorce** - facilitated by Mena Perrotta, Registered Clinical Counsellor

Registration is now open. For more information or to register please visit our website at: [www.cameray.ca/training-opportunity-working-with-families-in-separation-and-divorce/](http://www.cameray.ca/training-opportunity-working-with-families-in-separation-and-divorce/)

## Funding awarded for Sexual Abuse Groups for Girls

Cameray is pleased to announce that we were successful in receiving a Civil Forfeiture Grant from the Victim Services and Crime Prevention Division of the Minister of Public Safety and Solicitor General. The grant is to implement the project entitled "Girls Groups: Empowering Sexually Assaulted Girls Through Improving Cross-Sector Collaboration" over the next three years. This project will allow us to develop a curriculum for girls groups that involves cross-sector collaboration, to train our staff in providing groups for girls who have been sexually assaulted, and to provide six 6-week series of these groups. We are excited to collaborate with RCMP and Public Health (Burnaby Youth Clinic) to provide information to the participants. We are currently in the process of developing the curriculum. We have a two-day training scheduled for September 2016, and plan to begin running the groups in early 2017. We are so excited to be able to offer this valuable service while enhancing collaboration within the community!

*This project was supported through the Ministry of Public Safety and Solicitor General, Province of British Columbia.*



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**FUNDED BY:**

Ministry of Children & Family Development  
Ministry of Justice  
Fraser Health  
Ministry of Children & Family Development—Children First  
United Way - Success by Six

**WITH DONATIONS FROM:**

BCAA  
Burnaby Children's Fund  
Burnaby Empty Bowls  
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NutritionLink Services Society  
Pacific National Exhibition  
Stan Milacek  
Stoney Creek Community School Council  
Supporting Burnaby Youth Society  
TD Canada Trust  
Telus—Dollars for Doers Program

**PARTNER DONORS:**

Canadian Diabetes Association Food Skills for Families



**COMMUNITY PARTNERS:**

Burnaby Early Childhood Development Community Table  
Burnaby-New Westminster Task Force on Sexually  
Exploited and At Risk Youth  
Burnaby School Age Initiative  
Kids New West Child Development Committee

**MISSION STATEMENT:**

*Cameray Child & Family Services is a community-based agency committed to the strengthening of individuals and families through a spectrum of services including counselling, education, outreach, and advocacy.*

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## Donor Highlight

### **Burnaby Empty Bowls and NutritionLink Services Society**

We are thrilled to have received generous donations from both Burnaby Empty Bowls and NutritionLink Services Society to fund several Community Kitchens in Burnaby and New Westminster in 2016. These donations allowed us to provide 17 kitchens in four locations between January and May. At each kitchen, families learned to cook a nutritious, low-cost meal for their families, which included an appetizer, two main dishes, and a dessert. Childminding was provided, and participants were able to take home food for their families. We are so grateful to both of these organizations for making this possible!

