



Presented by



Have you ever felt ***alone, scared, angry or shame*** because someone else violated your boundaries?

***Hope Endures*** is a 7 week ONLINE group for self-identified females who are **survivors of sexual abuse, assault, or harassment.**

Joining together with others, knowing that you are not alone, we want you to know there is hope and that things can get better after your experience. Come and be part of a group of young people who are feeling like you and want to learn how to heal and move forward. Dinner will be provided each week, and every participant will leave the group with a care package that they can use as their healing journey continues.

**FOR: Self-identified females ages 15-19**

**DATES: Mondays – Feb 8, 22, March 1, 8, 15, 22 & 29, 2021**

**(No group on Feb 15<sup>th</sup> – Family Day)**

**TIME: 4PM-6PM via Zoom (link will be sent prior to group)**

**\*Dinner provided!\***

For more information or to enquire about registration please contact:

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