



**Cameray**  
Child & Family Services

# EMOTIONAL REGULATION WITH CHILDREN & YOUTH: BUILDING YOUR TOOLBOX

**Friday, November 23<sup>rd</sup>, 2018 - 9am – 4pm**



**Featuring Lisa Dion, LPC  
Creator of “Synergetic Play Therapy”**

As neuroscience continues to reveal the importance of developing greater and greater capacities for emotional regulation, it is essential that clinicians understand the biology behind regulation and how to develop it within the children they work with. This full day workshop is designed to help clinicians understand exactly what constitutes and is not, the biological mechanisms in the brain and nervous system allowing for regulation and learn practical tools for developing a child's regulatory capacity. Clinicians will also learn what it takes and how to build the capacity for regulation in the relationship- the most important tool we have in the toolbox.

In this workshop, Lisa makes the cutting edge of neuroscience accessible and relevant to clinicians of all backgrounds. This workshop caters to both experienced and new clinicians, and is applicable to private practice, agency and school settings. Clinicians leave this workshop with a powerful new perspective on emotional regulation and ideas that they can take straight into their work.

## SPEAKER BIOGRAPHY

Lisa Dion, LPC, RPT-S is an international teacher, creator of “Synergetic Play Therapy”, clinical author and researcher, and is the founder and President of the Play Therapy Institute of Colorado. Lisa Dion is a pioneer in the field of play therapy bridging the gap between play and biology. She is the host of the “Lessons from the Playroom” podcast and webinar series and is the author of “Aggression in Play: A Neurobiological Approach for Integrating Intensity”. Lisa is the 2015 award recipient of the Association for Play Therapy’s “Professional Education and Training Award of Excellence”

**EARLY BIRD RATE:**

**\$160**

(Before September 30<sup>th</sup>, 2018)

**REGULAR RATE:**

**\$175**

(After September 30<sup>th</sup>, 2018)

**STUDENT RATE:**

**\$120**

(10 seats available)

## **LOCATION:**

Italian Cultural Centre  
3075 Slocan Street,  
Vancouver, BC

**LUNCH INCLUDED  
FREE PARKING**

## **FOR MORE INFO:**

Contact Roxane Veltkamp,  
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This workshop is a fundraiser  
for Cameray Child and Family  
Services