

Child Development Basics: A Parent's Guide to Health, Discipline & more!



Cameray
Child & Family Services



Cameray Child and Family Services is hosting 4 **free** workshops in New Westminster that are open to all families with children 0-5 years old!

Child Development Back to Basics

Join us for these 4 informative groups where parents will learn the basics about child development. Each week will feature a different topic of interest, where you will be provided with scientific information and practical skills to promote healthy development in children ages 0-5. There will also be time at the end of each group for parents to ask questions and chat. Parents can sign up for the entire series, or for individual groups.

Topics include:

February 22, 2018 Health and Wellness
March 1, 2018 Connection through Attachment and Play
March 8, 2018 Discipline without Damage
March 15, 2018 Stranger Safety

WHERE: : **NLC Qayqayt** Elementary School
85 Merrivale St New Westminster, BC V3L 0G2
Multipurpose Room

WHEN: Thursdays February 22nd – March 15th 9:45am – 11:45am

HOW TO REGISTER: **Registration is required** - to register please email pspgroupsignup@hotmail.com or call 604-436-9449

- Families must have at least one child under the age of 5 to qualify for registration
- FREE Childcare is provided on site – must register for child care
- FREE snacks and bus tickets are also provided at each group

Stronger Children, Stronger Families, Stronger Communities

For more information: Phone: 604-436-9449 | Fax: 604-436-1990 | www.cameray.ca