

About Us

Cameray Child & Family Services is a community-based agency committed to the strengthening of individuals and families through a spectrum of services including counselling, education, outreach and advocacy.

Other Programs:

Parent Support Program: This program offers prevention and early intervention services to both parents of young children and parents-to-be in order to strengthen family resiliency. They are offered as individual parent support sessions as well as interactive and psycho-educational groups.

Child and Youth Victim Support Service: This program provides support and court preparation for children and youth who have witnessed or been the victim of a crime.

ACTS: ACTS, or Assisting the Community with Transitioning Students, is for children in grades 5-7 to assist them with the transition to high school. It consists of Homework Clubs, mentorship, and special group activities.



Counselling programs are offered *free of charge* through funding from the **Ministry of Children and Family Development** and the generous support of numerous donors in our community.

Donate

To make a donation, please contact our administration office or visit our website at www.cameray.ca. Your donation helps us to develop a stronger community, and we offer tax deductible receipts.

Funded by:



Cameray Child & Family Services

#203-5623 Imperial Street, Burnaby, BC V5J 1G1

www.cameray.ca

604 436 9449



Cameray
Child & Family Services

Counselling Programs

**Stronger Children,
Stronger Families,
Stronger Communities**

Serving Burnaby and
New Westminster since 1972



Counselling

We offer many types of counselling programs to children, youth, and their families based on their needs. Each of these programs may include individual counselling for the child or youth, parent support, and/or family therapy. Please see the list below for the description and referral requirements for each of the counselling programs we have to offer to Burnaby and New Westminster residents.

FAMILY PROGRAM:

This program provides up to 12 sessions for children or youth under 19 with a range of family issues. Referrals may come from any source.

SEXUAL HEALTH INTERVENTION PROGRAM (SHIP):

This program provides up to 12 sessions for children 12 years of age and under exhibiting sexually intrusive behaviour. Referrals may come from any source.



BRIEF FAMILY PROGRAM:

This program provides up to 8 sessions for children or youth under 19 with families experiencing a situational crisis. There is no waitlist for this program. Referrals must come through Ministry of Children and Family Development (MCFD).

HIGH RISK YOUTH PROGRAM (HRYP):

This program provides up to 12 sessions for high-risk youth under 19. There is no waitlist for this program. Referrals must come through the Ministry of Children and Family Development (MCFD).

BRIEF SEXUAL ABUSE COUNSELLING PROGRAM:

This program provides up to 8 sessions for children or youth with a recent sexual abuse disclosure being investigated by Ministry of Children and Family Development and/or police. There is no waitlist for this program. Referrals may come from any source.

CHILD AND YOUTH MENTAL HEALTH PROGRAM (C&Y):

This program provides up to 12 sessions for children or youth under 19 with mental health concerns. Referrals must come through the Ministry of Children and Family Development's Child and Youth Mental Health (CYMH) Program.

SEXUAL ABUSE INTERVENTION PROGRAM (SAIP):

This program provides up to 24 sessions for children or youth under 19 who have experienced historical sexual abuse, with clear disclosure that has been investigated. Referrals may come from any source.

TRAUMA PROGRAM:

This program provides up to 12 sessions for children or youth under 19 who have experienced trauma. Referrals must come through the Ministry of Children and Family Development (MCFD).

Make a Referral

To make a referral please call us at 604-436-9449 or go to our website www.cameray.ca to submit a referral form.

